

SEND: Keeping in touch

SEND Newsletter for schools - Spring Term 2020

Happy New Year!

Thank you for reading the Newsletter, it is full of interesting information for you.

Have a good term and I look forward to seeing you in the SENCO Cluster Group meetings this term.

Rhian Ireland

(Learning Support Services Manager)

rhian.ireland@westberks.gov.uk

In this newsletter you will find:

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- Training
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- News from the Autism Team
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- Personal Outcomes Evaluation Tool (POET)
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SENCO Meetings

As you will be aware, this year we have changed the format of some of the meetings to include Cluster Group Meetings in Spring Term.

All SENCO meetings are part of the **Free Core Offer** for the SENCO to attend.

Additional places at the SENCO Networks can be booked if there is capacity, at a cost of £30 per place. Please contact training@westberks.gov.uk to book your place.

Date	Event	Venue/ Time	Time
25.02.20	Primary SENCO Cluster Group (East)	TBC	3.30pm- 5.00pm
26.02.20	Primary SENCO Cluster Group (West/ Central)	TBC	3.30pm- 5.00pm
11.03.20	Secondary SENCO Cluster Group	TBC	3.30pm- 5.00pm
09.06.20	SENCO Network	Shaw House	1.30pm- 4.00pm
09.06.20	SENCO Network	Shaw House	1.30pm- 4.00pm

Primary SENCOs: please attend one or other of the Primary SENCO Cluster Group meetings.

I will confirm the venues for the Cluster Group Meetings later in the term.

Rhian Ireland

rhian.ireland@westberks.gov.uk



WestBerkshire
C O U N C I L

Training

In the 'News From..' items in this Newsletter, teams have listed some of the centrally delivered training they are offering this term.

We have a wide variety of training being offered this year, please see the SEN Training Brochure 2019-20 for details of what is available.

Contact the Training Team for bookings:
training@westberks.gov.uk

Contact SLA Online for queries about using SLA online: educationtrading@westberks.gov.uk

If there is a topic you are interested in and cannot find it on the Training Brochure, please let us know, we can look into running something bespoke for you, or add to the central training offered.

Rhian Ireland

rhian.ireland@westberks.gov.uk

News from Cognition and Learning Team



We hope you all had a wonderful Christmas and the new term has got off to a good start.

CALT traded service

We're delighted that the majority of schools have once again chosen to buy into CALT at the Core Service Plus level.

May we take this opportunity to remind those schools that are not academies that if they wish to continue receiving Core Plus support, this will need to be renewed in April 2020.

*****Look out for details on West Berkshire SLA Online soon*****

For those schools not currently subscribing to the Core Plus service who would like to know more about what CALT can offer your school and pupils please contact Rhian Ireland or Sue Whiting.

CALT Service Evaluation 2018-19

Thank you for taking the time to give us responses to the CALT service evaluation for 2018-19. The analysis shows that the service continues to be valued by schools, with feedback provided by schools with primary pupils and those with secondary aged pupils, and schools opting for Core Service Plus and Core Service.

Overall rating of the service

78% rated the service as 'excellent'

22% rated the service as 'good'

In school training

76% rated training as 'excellent'

24% rated training as 'good'

Impact of the service:

89% indicated improved staff confidence, knowledge and skills

94% indicated improved provision for pupils with SEND

81% indicated improved outcomes for pupils with SEND

Central Training

Details of the training we are offering this term can be found in the SEN training booklet.

Please book onto training by emailing training@westberks.gov.uk

Training this term includes:

- **Structured Approach To Reading**
10 March (for Primary and Secondary SENCOs, teachers and TAs)

- **Structured Approach To Writing**
15 January (for Primary SENCOs, teachers and TAs)
- **Precision Teaching**
29 January (for Primary and Secondary SENCOs, teachers and TAs)
- **How to support pupils with handwriting difficulties**
12 February (for Primary and Secondary SENCOs, teachers and TAs)
- **Get your kit out!**
Part 1 March 3 and Part 2 March 12

Using visual imagery and concrete resources for maths i.e. Numicon and base 10 (for Primary SENCOs, teachers and TAs)

Personalised Training in your Setting

Schools have benefitted from a bespoke 'pick n' mix' approach to staff training within their settings. This is not only cost effective, but has the enormous benefit of precisely targeting a school's individual needs whilst simultaneously ensuring maximum impact. CALT is able to deliver training on INSET days as well as during twilight hours though these opportunities are seized upon quickly by schools. To avoid disappointment, speak to your CALT Advisory Teacher as soon as possible if you would like to explore training in your school.

LAL

Just a reminder of the slight change to the usual timings for LAL assessments this year.

- Monday 9th March: School funding forum meets so we will know how much LAL will cost and schools can put forward those pupils for assessment that they would fund a place for fully informed of financial implications this year
- Tuesday 10th March: you will be emailed with the information about cost and asked

if you would like to put forward any children for a LAL assessment

- Tuesday 10th March – Friday 22nd May: LAL assessments undertaken by CALT
- Friday 5th June: applications deadline
- Tuesday 16th June: LAL panel

Good practice: receiving and sharing reports

It is important to have a system in place to ensure you share any reports with relevant people, the SEND Code of Practice is clear in its expectations:

- The pupil's parents should always be involved in any decision to involve specialists
- The SENCO and class teacher, together with the specialists, and involving the pupil's parents, should consider a range of evidence-based and effective teaching approaches, appropriate equipment, strategies and interventions in order to support the child's progress. They should agree the outcomes to be achieved through the support, including a date by which progress will be reviewed.

Please be aware of the need for parental consent when sharing information.

We suggest you consider the following steps with reports from CALT:

- discuss the report with parents/carers and provide them with a copy
- discuss the report with relevant staff i.e. class/subject teacher, TAs and provide them with a copy
- update the SAP outcomes where appropriate and review provision with parental and pupil involvement
- consider if the Primary need and/or any additional needs remain the same

Finally

CALT would recommend that SENCOs sign up to the Education Endowment Foundation (EEF) newsletter as this will keep you abreast of all the latest and most up to date trends and research on teaching and learning. You can do this through the website:

<https://educationendowmentfoundation.org.uk/>

News from the Autism Spectrum Team

Happy New Year!



Welcome to 2020. We hope that you find our contribution to this newsletter helpful.

Autism Advisory Teachers

Central training:

We are providing central training this term

- 16 January Anxiety and Mental Health
- 13 February Girls and Gender Issues
- 27 February Autism and ADHD
- 12 March Motor Issues and Language
- 26 March Behaviour

These are all 9.30am to 12.00 noon at Shaw House

Autism network meetings:

Our free network meetings are on

- 23 January Sensory Issues
- 19 March Theory of Mind

These are 1.30pm to 3.00pm and are also at Shaw House.

Please book onto training and network meetings by emailing training@westberks.gov.uk

Winter months:

Our young people can be particularly vulnerable during the darker months.

These tips can help:

- Provide opportunities for physical outlets
- Provide opportunities for enjoyable activities with liked peers that act as a form of distraction. For instance, colouring, games and jigsaws.
- Provide work on emotional awareness and regulation. Lots of ideas can be found at childmind.org and veryspecialtales.com

School avoidance:

Our young people are susceptible to school avoidance.

These tips may help:

- Meet the parents
- Work through any issues. Look at the West Sussex Educational Psychology Service website www.westsussex.gov.uk
- Work with pupil and parents to identify barriers to coming into school. Pick these off one at a time and work to address them
- Be prepared to provide support on the pupil's arrival at school. This may need to go on in the longer term
- Contact advisory teachers when difficulties begin

We wish you a healthy and happy term. Look out for ongoing information on further courses. Encourage parents to attend courses, particularly if they are experiencing behavioural issues at home. We run a wide variety throughout the year. Please contact the Learning Support Team for more details.

Lesley Botchway (secondary) & **Ava Menzies** (primary)

ava.menzies@westberks.gov.uk

lesley.botchway@westberks.gov.uk

Autism Advisor for Families



Workshops for parents

Melissa runs workshops for parents prior to an Autism assessment in addition to her usual post diagnosis courses (Parent Autism Workshops – PAWs)

These workshops are being offered at the MENCAP centre in Newbury, please let your parents know of these if you think they would be interested in attending and pass on Melissa's contact details.

Parent Workshops for SEND Families & those waiting for an Autism assessment.

9.45am to 12noon at the MENCAP Centre

West Berkshire MENCAP, Enborne Gate, Enborne Road, Newbury. RG14 6AT

- 6 February 2020– Understanding and Supporting Self–Regulation Skills in Young People
- 30 April 2020 – Understanding Behaviour and how best to support our young people with a Therapeutic approach.
- 11 June 2020 – Sensory Processing Difficulties – What does it mean and how can we help.



All workshops are run by Melissa Hutchings – Autism Advisor for Families

Keep up to date with what is happening in and around the area in the world of Autism.

Would you like to receive emails from Melissa Hutchings, Autism Advisor for Families?

We regularly send emails to help keep our families and practitioners up to date with what is happening in and around the local area. This will include information on workshops, events and activities along with additional information on supporting your young person with Autism and SEND.

If you wish to be kept up to date then please send an email to learningsupportteam@westberks.gov.uk giving your permission to be added to the updates list.

You can amend your communication preferences at any time.

Sunshine and Showers Group



Talking and Sharing



Run by Melissa

Being the parent of a child with additional needs can be both rewarding and very hard work. Some days are full of sunshine, others you wait for the showers to pass.

Talking with other parents about their own experiences and getting information and support, can really help

Do come along to one of the following groups Thatcham Central Family Hub

23rd Jan 2020, 5th March 2020,
7th May 2020, 2nd July 2020

All on a Thursday 9.15am to 11.15am

Downsway School Hub

16th Jan 2020, 2nd April 2020,
18th June 2020

All on a Thursday 9.15am to 11.15am

Emotional Health Academy



Our April 2020 - March 2021 annual and bespoke packages will soon be available on the Education Portal. These also include our 'Stronger You' and 'Dealing with Difficulties' programme for Year 6 and secondary schools. These are evidence informed prevention programmes, designed to provide a safe space for young people to explore the tools and skills needed to get through difficult times in life and build resilience. For more details, please see the Education Portal or call us on 01635 503200.

The EHA are able to offer a variety of parenting workshops to primary and secondary schools. Our most popular workshops are around anxiety and building resilience in young people, but in collaboration with schools we can provide workshops on any aspect of emotional health.

These workshops are free to schools – we ask that the school provide the venue and then we will charge parents £5 per ticket to attend via the council's Booking Bug website.

Our new triage form is available on our website and we are now no longer accepting older versions. Please visit <http://info.westberks.gov.uk/eha> to download

West Berkshire Educational Psychologists

We welcome two new members of staff to the team of West Berkshire Educational Psychologists.

Dr Sam Broomfield

Sam successfully completed the Professional Doctorate in Educational and Child Psychology at University College London in July 2019, where she has also been appointed an Honorary Research Associate. Over the last two years, Sam has supported children, young people and their families at Slough Borough Council, where she successfully delivered Emotional Literacy Support Assistant (ELSA) training and Lego Therapy. Sam has particular interests in emotional literacy and meeting the needs of post-16 learners with SEND. Sam's thesis explores the views of SENDCOs in FE colleges as they support learners with SEND on their journey to adulthood. Sam previously had a successful career as a senior marketing professional within the telecommunications industry and is married with 2 children. She is a keen netballer and a Rock Choir enthusiast.



Dr Amy Bushell

My name is Amy Bushell and I have recently completed my training as an Educational Psychologist, having studied at University of Bristol. I am excited to be joining West Berkshire Educational Psychology Service.



I am interested in supporting children and young people to develop their emotional wellbeing. I recognise the importance of equipping children and young people with the emotional literacy skills and resilience they need to face life's challenges, but also the ways in which schools and education services can promote wellbeing through the emotionally supportive environments they create. My research dissertation considered

the possible contribution of physical education to whole school approaches to wellbeing.

As a practitioner I value dynamic assessment approaches for the insight these offer into individual learning strengths and areas of need, and for what they can teach us about how to support children and young people to further their skills. I also recognise the importance of understanding how individuals view themselves and their world, and the impact that this can have on their outlook.

At the weekends I enjoy running and reading and have recently taken up yoga.

Personal Outcomes Evaluation Tool (POET)

Thank you to colleagues who took the time to respond to the POET survey in 2018-2019. This



survey is about the impact of support for children and young people with SEND, and their families in West Berkshire. We received a report over the summer which compares the responses received in West Berkshire to the responses received nationally, and the results are very encouraging. Please visit the West Berkshire Local Offer website to read the full reports, and feel free to use and circulate these, as they reflect the work of everybody in the local area.

The survey links for 2019-20 are now live and, as always, we would appreciate you completing this survey. Please also publicise the surveys for parents & carers and children & young people and encourage / support completion of these. Please contact nikki.stevens@westberks.gov.uk if you would like hard copies of the survey or if you have any questions.

You can complete the practitioner survey on line using the link below:

<https://puttingpeoplefirst.limeask.com/767115?newtest=Y&lang=en>

The link for parents and carers can be found here:

<https://puttingpeoplefirst.limeask.com/245623?newtest=Y&lang=en>

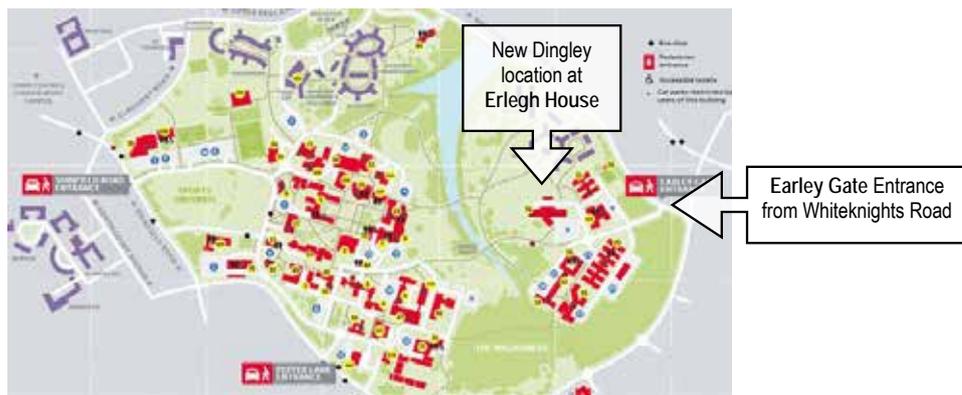
The link for children and young people can be found here:

<https://puttingpeoplefirst.limeask.com/943463?newtest=Y&lang=en>

We're moving!

On Tuesday 17 December 2019 Dingley Community Paediatrics will re-open in a newly refurbished site at:

Erleigh House, Earley Gate, Whiteknights Road,
University of Reading Campus, Reading RG6 6BZ



Get there by car (patient parking available – nearest entrance to UoR campus is Earley Gate) or take Reading Bus Service 19b from Reading town centre to Earley Gate bus stop).

If you have any concerns please contact us on 0118 322 7531.

We look forward to welcoming you at our new location!



Swings and Smiles

Conference for professionals

Supporting siblings of children with special needs – everybody has a responsibility

A conference for professionals to identify ways in which we can help these young people fulfil their potential

When: Monday 27th January 2020

Where: Donnington Valley Hotel, Newbury

Who is it for: Any professionals working with children and families

How to book: Visit our website to book your free ticket. Places are limited

<https://www.swingsandsmiles.co.uk/Event/supporting-siblings>

Sibling support at Swings & Smiles has grown hugely over the last few years and we now offer courses in schools as well as three sessions a month at the centre where the focus is around having fun with other siblings. The more contact we have with our families the more we are seeing that there is so much more that can be done for these children, not only by us but by other organisations and professionals too and we are keen to make this happen.

Earlier this year we conducted some research into the lives of siblings of children with special needs and now we'd like to invite professionals to hear the results, and the ways we've identified that we can all work together to support these young people. At the event you can expect to hear stories about the impact of growing up with a brother or sister with special needs from a parent's point of view and from some siblings themselves. There will also be the opportunity to have some group discussions around the topic and to work with other professionals to ensure we're all doing everything we can to support these young people in fulfilling their potential.

The event is free to attend but donations to our work are appreciated. Lunch and refreshments will be provided so let us know if you have any dietary requirements.

If you have any questions about the event please contact Sara on sibsupport@swingsandsmiles.co.uk



Interesting Reading

From the Education Endowment Fund (EEF)

Putting evidence to work – A school’s guide to implementation

https://educationendowmentfoundation.org.uk/tools/guidance-reports/a-schools-guide-to-implementation/?mc_cid=179c6b8b0c&mc_eid=dfee0d9639

Reciprocal reading

<https://educationendowmentfoundation.org.uk/projects-and-evaluation/projects/reciprocal-reading/>

https://educationendowmentfoundation.org.uk/news/primary-pupils-reading-skills-boosted-by-programme-which-gets-them-to-question-texts?mc_cid=b6f2e18607&mc_eid=dfee0d9639

Peer tutoring

<https://educationendowmentfoundation.org.uk/evidence-summaries/teaching-learning-toolkit/peer-tutoring>

EEF Blog: Does research on ‘retrieval practice’ translate into classroom practice?

https://educationendowmentfoundation.org.uk/news/does-research-on-retrieval-practice-translate-into-classroom-practice?mc_cid=4873efdd89&mc_eid=dfee0d9639#closeSignup

5 things to reflect on in the EYFS

https://juliangrenier.blogspot.com/2019/09/5-things-to-reflect-on-in-eyfs.html?mc_cid=b6f2e18607&mc_eid=dfee0d9639

From TES

Why peer learning is more effective than you think

https://www.tes.com/news/why-peer-learning-more-effective-you-think?mc_cid=179c6b8b0c&mc_eid=dfee0d9639

SEND Contact List

Service/Name:	Email address:	Phone number:
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Thearaputic Thinking Support Team (previously Behaviour Intervention Team - BIT)		
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