

Cycle B (2023-2024)	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	Gymnastics	Games – Ball skills (throwing, catching and travelling focus)	Dance	Games – Ball skills (striking, hitting and passing focus)	Athletics	Games – Ball skills (using space, games with rules, chase game focus)
KS1	Gymnastics	Games – Ball skills (throwing, catching and travelling focus)	Dance	Games – Ball skills (striking, hitting and passing focus introducing activities such as tennis)	Athletics	Games – Ball skills (using space, attacking and defending, tactics and games introducing activities such as football)
KS2	Gymnastics	Games – Rugby/ Lacrosse	Dance	Games – Netball/Tennis	Athletics	Games - Rounders/ Outdoor Adventurous Activities

Cycle A (2022-2023)	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	Gymnastics	Games – Ball skills (throwing, catching and travelling focus)	Dance	Games – Ball skills (striking, hitting and passing focus)	Athletics	Games – Ball skills (using space, games with rules, chase game focus)
KS1	Gymnastics	Games – Ball skills (throwing, catching and travelling focus)	Dance	Games – Ball skills (striking, hitting and passing focus introducing activities such as tennis)	Athletics	Games – Ball skills (using space, attacking and defending, tactics and games introducing activities such as football)
KS2	Gymnastics	Games – Hockey/ Badminton	Dance	Games – Football/ Dodgeball	Athletics	Games – Cricket/ Outdoor Adventurous Activities

Term 1 = Year 6 Outdoor and adventure residual trip

Term 2 = EYFS, Year 1 and Year 2 cross-curricular dance opportunities

Term 5 = Year 3 swimming. Sports Day

Term 6 = House Tournaments (football, dodgeball), Year 5 and 6 cross- curricular dance opportunities

*Please note that occasionally due to other hall commitments gymnastics and dance will occasionally become outside ball skill opportunities*