

WEEK 1

PRIMARY SCHOOL MENU

ST PAULS CATHOLIC SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT

Choice

Beef Pasta Bolognese
(GL)Ham & Pineapple
Pizza
(GL-MI)Roast Chicken with
Potatoes & Gravy
(CE-SU)Chicken Pie
(GL-CE-SU)Fish Fingers with Chips
& Tomato Sauce
(GL-FI)

VEGETARIAN

Choice

Mac & Cheese
(GL-MI-MU)Margherita
Pizza
(GL-MI)Vegetable Hot Pot with
Potatoes
(GL-CE-SU)Vegetable Pie
(GL-CE-SU)Vegan Sausage with Chips
& Tomato Sauce
(SO)

PASTA

Tomato & Vegetable
Pasta (GL)Tomato & Vegetable
Pasta (GL)Tomato & Vegetable
Pasta (GL)Tomato & Vegetable
Pasta (GL)Tomato & Vegetable
Pasta (GL)

JACKET POTATO

Cheese, Beans or Tuna
(MI-FI)Cheese, Beans or Tuna
(MI-FI)Cheese, Beans or Tuna
(MI-FI)Cheese, Beans or Tuna
(MI-FI)Cheese, Beans or Tuna
(MI-FI)

SANDWICH

Ham, Cheese & Tuna
(GL-SO-MI-FI)Ham, Cheese & Tuna
(GL-SO-MI-FI)Ham, Cheese & Tuna
(GL-SO-MI-FI)Ham, Cheese & Tuna
(GL-SO-MI-FI)Egg, Cheese & Tuna
(GL-SO-MI-FI-EG)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

DESSERT

Ice Cream (MI)
or Fresh FruitApple Flapjack (GL)
or Fresh FruitVegan Fruit Jelly
or Fresh FruitSprinkle Cake (GL)
or Fresh Fruit

Sliced Fruit Wedges



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BREAD CONTAINS - GL - MI - EG - SO



ALLERGY KEY

CELERY - CE / GLUTEN - GL /
 CRUSTACEANS - CR / EGGS - EG /
 FISH - FI / LUPIN - LU / MILK - MI
 MOLLUSCS - MO / MUSTARD - MU /
 NUTS - NU / PEANUTS - PE /
 SESAME SEEDS - SE SOYA - SO /
 SULPHUR - SU



FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY



The Pantry are committed to improving the standards of children's meals across every one of our Schools, and fresh, ethically sourced ingredients are used every day across our kitchens.

1ST JAN - 22ND JAN - 12TH FEB - 4TH MAR - 25TH MAR - 15TH APR - 6TH MAY - 27TH MAY - 17TH JUN - 8TH JUL - 29TH JUL

WEEK 2

PRIMARY SCHOOL

MENU

ST PAULS CATHOLIC SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT

Choice

Beef Chilli with Rice
(GL)Chicken & Sweetcorn
Pizza
(GL-MI)Roast Turkey with
Potatoes & Gravy
(CE-SU)Chicken Curry
with RiceFish Fingers with Chips
& Tomato Sauce
(GL-FI)

VEGETARIAN

Choice

Vegetable & Bean Chilli
with RiceMargherita
Pizza
(GL-MI)Vegetable & Potato Pie
with Gravy
(CE-SU)Vegetable Curry
with RiceVegetable Omelette with
Chips & Tomato Sauce
(EG-MI)

PASTA

Tomato & Vegetable
Pasta (GL)Tomato & Vegetable
Pasta (GL)Tomato & Vegetable
Pasta (GL)Tomato & Vegetable
Pasta (GL)Tomato & Vegetable
Pasta (GL)

JACKET POTATO

Cheese, Beans or Tuna
(MI-FI)Cheese, Beans or Tuna
(MI-FI)Cheese, Beans or Tuna
(MI-FI)Cheese, Beans or Tuna
(MI-FI)Cheese, Beans or Salmon
(MI-FI)

SANDWICH

Ham, Cheese & Tuna
(GL-SO-MI-FI)Ham, Cheese & Tuna
(GL-SO-MI-FI)Ham, Cheese & Tuna
(GL-SO-MI-FI)Ham, Cheese & Tuna
(GL-SO-MI-FI)Egg, Cheese & Tuna
(GL-SO-MI-FI-EG)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

DESSERT

Ice Cream (MI)
or Fresh FruitOaty Cookie (GL)
or Fresh FruitVegan Fruit Jelly
or Fresh FruitSweet Potato Brownie (GL)
or Fresh Fruit

Sliced Fruit Wedges



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SALAD BAR AVAILABLE EVERY DAY



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8th JAN-29th JAN-19th FEB-11th MAR-1st APR-22nd APR-13th MAY-3rd JUN-24th JUN-15th JUL

15TH JAN - 5TH FEB - 26TH FEB - 18TH MAR - 8TH APR - 20TH MAY - 10TH JUN - 1ST JUL - 22ND JUL

WEEK 3

PRIMARY SCHOOL MENU

ST PAULS CATHOLIC SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT

Choice

Sweet Potato Topped
Cottage Pie
(GL-CE-SU)

Chicken & Mixed Pepper
Pizza
(GL-MI)

Roast Gammon with
Potatoes & Gravy
(CE-SU)

Beef Lasagne
(GL-MI-EG)

Fish Fingers with Chips
& Tomato Sauce
(GL-FI)

VEGETARIAN
Choice

Sweet Potato Topped
Vegetable Cottage Pie
(GL-CE-SU)

Margherita
Pizza
(GL-MI)

Vegetable
Parcel with Gravy
(GL-CE-SU)

Veggie Lasagne
(GL-MI-EG)

Falafel with Chips
& Tomato Sauce
(GL)

PASTA

Tomato & Vegetable
Pasta (GL)

Tomato & Vegetable
Pasta (GL)

Tomato & Vegetable
Pasta (GL)

Tomato & Vegetable
Pasta (GL)

Tomato & Vegetable
Pasta (GL)

JACKET
POTATO

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

SANDWICH

Ham, Cheese & Tuna
(GL-SO-MI-FI)

Ham, Cheese & Tuna
(GL-SO-MI-FI)

Ham, Cheese & Tuna
(GL-SO-MI-FI)

Ham, Cheese & Tuna
(GL-SO-MI-FI)

Egg, Cheese & Tuna
(GL-SO-MI-FI-EG)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

DESSERT

Ice Cream (MI)
or Fresh Fruit

Home Baked Cookie (GL)
or Fresh Fruit

Vegan Fruit Jelly
or Fresh Fruit

Banana Cake (GL)
or Fresh Fruit

Sliced Fruit Wedges



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